





# /BREAKFAST/ minimum 5 guests

Breakfast Basket	\$4.75
Individually wrapped Scone, Muffin, Bagel, or Tea Bread Preserves, Butter, Cream Cheese	
Continental Breakfast	\$7.65
Individually wrapped Scone, Muffin, Bagel, or Tea Bread, Preserves, Butter, Assorted Bottled Juices, Coffee Service	
Add Fruit Cup	\$1.60
Conference Breakfast	\$11.25
Individually wrapped Scone, Muffin, Bagel, or Tea Bread, Yogurt & Granola Parfaits,	
Preserves, Butter, Assorted Bottled Juices, Coffee Service	
Eating Well Breakfast	\$11.25
Hard Boiled Eggs, Individual Greek Yogurt, Fruit Cups, Assorted Bottled Juices, Coffee Service	
Better for You Breakfast	\$11.25
Individually Wrapped Artisan Whole Grain Bread, Peanut Butter, Avocado Spread, Wheatberry Break	fast Salad
Cups, Fruit Cups, Aqua Fresca, Overnight Oats, Coffee Service	
Breakfast Sandwiches - 8 guest minimum, maximum of 2 selections	
Egg, Cheese on Croissant	\$4.25
Egg, Cheese, Spinach on English Muffin	\$4.25
Egg, Bacon, Cheese on English Muffin	\$4.75
Egg, Sausage Patty, Cheese on English Muffin	\$4.75
Egg, Morning Star Sausage on English Muffin	\$4.75
Scrambled Egg Burrito with Peppers, Onion, Jack Cheese and Salsa	\$4.75

# /BREAKFAST/ (cont)

### Breakfast A La Carte

Whole Fruit	\$1.40 per guest
Hard Boiled Eggs	\$1.30 per guest
Individual Yogurt	\$1.95 per guest
Individual Greek Yogurt	\$2.35 per guest
Individual Fruit & Yogurt Parfait	\$3.25 per guest
Individual Fruit Cup	\$4.25 per guest
Cinnamon Rolls & Pecan Rolls (minimum 5 guests)	\$3.25 per guest
Overnight Oats, Dried Fruits, Plain Yogurt (minimum 5 guests)	\$2.75 per guest
Cold Cereal Cup with Milk	\$2.65 per guest
Protein Bars	\$2.65 per guest
Packaged Roasted Nuts and Trail Mix  Breakfast Salads minimum 5 guests  Wheatberry Breakfast Salad, Chopped Kale, Strawberries & Almond  Sweet Potato Breakfast Salad, Almond Butter Dressing  Kale Citrus Salad  Berry Quinoa Salad  Greens, Grapes & Granola Breakfast Salad	\$3.05 per guest \$3.95 per guest
Steel Cut Oatmeal, Brown Sugar, Raisins (minimum 5 guests)	\$2.75 per guest



### /LUNCH/ minimum 5 guests

Campus Lunch \$10.65 per guest

Selection of 4 Individually Wrapped Sandwiches, Assorted Chips, Individually Wrapped Dessert, Soda & Water

Conference Lunch \$12.50 per guest

Selection of 4 Individually Wrapped Sandwiches, Assorted Chips, Signature Salad Cups, Individually Wrapped Dessert, Soda & Water

**Executive Lunch** \$14.65 per guest

Selection of 4 Individually Wrapped Sandwiches, Assorted Chips, Signature Salad Cups, Pasta Salad Cups, Individually Wrapped Dessert, Soda & Water

Tote Lunch \$10.65 per guest

Selection of 4 Individually Wrapped Sandwiches, Chips, Cookie, Soda or Water Additional Side Salad

\$2.95 per guest

#### Sandwich Selections

- Classic Chicken Salad, Lettuce, Tomato
- Roasted Turkey, Avocado, Tomato, Lime Aioli
- Smoked Turkey, Provolone, Lettuce, Tomato, 7 Grain Bread
- Ham & Swiss, Grain Mustard, Lettuce & Tomato, Onion Roll
- Albacore Tuna Salad, Lettuce, Tomato, 7 Grain Bread
- Beefsteak Tomato, Fresh Mozzarella, Basil Pesto, Arugula, Rosemary Ciabatta (vegetarian)
- Roast Beef, Boursin, Watercress, Tomato, Marble Rye
- Pakora Wrap, Cabbage Slaw, Tamarind Chutney, Tomato, Caramelized Onion Spinach Wrap (vegan)

### /LUNCH/ minimum 5 guests

Salad Tote Lunch \$10.65 per guest

Selection of 4 Individual Entrée Salads, Chips, Cookie, Soda or Water Additional Side Salad

\$2.95 per guest

#### **Entrée Salad Selections**

- Turkey Cobb Salad Roasted Turkey, Tomato, Hard Boiled Egg, Crumbled Bleu Cheese, Bleu Cheese Dressing
- Chicken Mixed Greens, Grilled Chicken, Toasted Walnuts, Red California Grapes, Balsamic Vinaigrette
- Tuna Niçoise– Albacore Tuna, Mixed Greens, Olives, Hard Boiled Egg, Green Beans, Balsamic Vinaigrette
- Southwest Steak Salad Field Greens, Black Beans, Corn, Red Onion, Cilantro, Avocado, Chipotle Dressing
- Kale Baby Kale, Black Eyed Peas, Roasted Beets, Golden Raisins, Pepitas, Maple Sherry Vinaigrette
- Tofu Noodle Salad Chilled Rice Noodles, Sesame Ginger Marinated Tofu with Asian Vegetables

### Side Salad Selections (minimum 5 guests)

Buffet Addition, \$2.95 per guest A La Carte \$3.95 per guest

Signature Chopped Salad – Kale, Cabbage, Tomato, Carrots, Cucumber, Red Pepper, Shallot Vinaigrette
Classic Caesar – Romaine, Parmesan, Herb Croutons
Mixed Greens, Tomato, Cucumber, Carrot, Balsamic or Ranch Dressing
Greek Salad – Romaine, Tomato, Feta, Cucumber, Kalamata Olives, Greek Dressing
Fingerling Potato Salad, Green Beans, Hard Boiled Egg, Almond, Tapenade
Pasta – Changes Monthly
Chef's Seasonal Selection

Add:

Chef's Selection Soup of the Day

\$3.95 per guest

# /ROOM TEMPERATURE BENTO BOXES/ minimum 10 guests

<ul> <li>Seared Salmon, Artichokes, Tomato, Olives, Herb Vinaigrette</li> <li>Pearl Couscous, Chopped Kale, Chickpeas, Red Bell Pepper, Preserved Lemon</li> <li>Arugula, Cucumber, Tomato, Mint, Balsamic</li> <li>Individually Wrapped Roll &amp; Butter</li> <li>Assorted Soda &amp; Water</li> </ul>		
Market Salad		
<ul> <li>Grilled Chicken Breast, Roasted Tomatoes, Balsamic Grilled Onions</li> <li>Mixed Greens, Cucumber, Tomato, Carrot</li> <li>Chef's Selection of Antipasti</li> <li>Individually Wrapped Roll &amp; Butter</li> <li>Assorted Soda &amp; Water</li> </ul>		
Better for You		
Choice of Grilled Marinated Chicken OR Roasted Salmon		
3 Grain Salad, Zucchini, Mint Herb Dressing     Standard Channel Salad		
<ul><li>Signature Chopped Salad</li><li>Fruit Cup</li></ul>		
<ul> <li>Spring &amp; Sparkling Water</li> </ul>		
Eastern		
<ul> <li>Honey Miso Glazed Turkey Breast, Heirloom Carrots</li> </ul>		
Ginger Roasted Cauliflower, Golden Raisin, Almonds		
<ul> <li>Spinach, Kale &amp; Mizuna Greens, Papaya, Shiitake, Wonton Crisps, Ginger Carrot Dressing</li> </ul>		
Individually Wrapped Roll & Butter		
<ul> <li>Assorted Soda &amp; Water</li> </ul>		

**ALL ORDERS MUST MEET A MINIMUM OF \$25** 

### /ROOM TEMPERATURE BENTO BOXES/ minimum 10 guests

Ame	ricas	\$19.75
•	Peppercorn Crusted Flank Steak, Chimichurri Sauce	
•	Corn & Soy Bean Succotash Salad	
•	Broccoli Slaw, Parsley, Apple Cider Dressing	
•	Individually Wrapped Roll & Butter	
•	Assorted Soda & Water	
Gree	k	\$17.95
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- Chicken Souvlakia
- Greek Salad
- Hummus & Pita Chips
- Individually Wrapped Roll & Butter
- Assorted Soda & Water

# /AFTERNOON BREAKS/ minimum 10 guests

Nosh Boxes – Choose from Low-Fat Cheese, Whole Grain Crackers, Grapes Hummus & Crudité Cups Celery & Peanut Butter Low-Fat Vanilla Greek Yogurt Dip & Fresh Fruit Fruit & Nut Bazaar	\$6.25 per guest
Sweet & Salty Assorted Granola & Protein Bars, Miniature Candies, Individual Bags of Roasted Peanuts	\$4.50 per guest
<b>Popcorn Trio</b> (minimum 10 guests) Individual Bags of House Made Flavored Popcorn – Truffle Parmesan, Rosemary Olive Oil, Cheddar	\$2.25 per guest
Summer Seasonal Break – Watermelon Feta Salad Cups, Individually Wrapped Berry Crumb Bars, Individual Sweet Tea or Lemonade	\$7.95 per guest
A la Carte – "Better for You"	
Assorted Granola	\$1.35 per guest
Assorted Kind & Lara Bars	\$2.05 per guest
Clif Builder & Luna Protein Bars	\$2.65 per guest
Whole Fruit	\$1.40 per guest
Individual Blue Diamond Almond Pack	\$2.85 per guest
Individual Sahale Snacks	\$3.05 per guest
Assorted PopCorner Snacks	\$1.95 per guest
Diced Fruit Cup	\$4.25 per guest
A la Carte	
Individually Wrapped Cookies	\$13.50 dozen
Individually Wrapped Brownies	\$15.75 dozen
Individually Wrapped Assorted Dessert Bars	\$17.95 dozen
Assorted Chips	\$1.95 per guest

ALL ORDERS MUST MEET A MINIMUM OF \$25