

# AMNH Food Court Lunch Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch	Adobo Braised Chicken with Gralic	Herb Roasted Chicken	BBQ Chicken	Braised Chicken	Korean BBQ Chicken
	BBQ Pulled Pork	Mojo Pork Loin	Stewed Pork (Pernil)	Mojo Pork Loin	Stew Pork With Red Peppers
	Turkey Meatloaf	Meatballs with Tomato Sauce	Braised Spinach and Tofu	Rosemary Roasted Turkey Breast with Gravy	Fish Of The Day
	White Bean Vegetarian Stew	Vegetarian Stewed Beans	Vegetarian Stewed Beans	Curried Chickpeas and Tofu Stew	Hoisin Glazed Aubergine with Green Peas
	Roasted Vegetables	Roasted Squash and Peas	Roasted Vegetables	Marsala Roasted Eggplants	Vegetable Stir Fry
	Cauliflower Gratin	Mac & Cheese	Mac & Cheese	Steamed Vegetables	Boiled Corn On The Cob
	Mac & Cheese	Herb and Garlic Roasted Potato	Herb and Garlic Roasted Potato	Mac & Cheese	Mac & Cheese
	Creamy Mashed Potato	Steamed Brown Rice	Rice and Garbanzo Beans	Creamy Mashed Potato	Crispy Potato
	Steamed White Rice	Baked Ziti	Tortellini with Tomato Sauce	Basmati Rice with Green Peas	Steamed Brown Rice
	Pesto Pasta with Roasted Tomatoes and Chickpeas	Beef Patty	Beef Patty	Toasted Cous Cous with Vegetables & Herbs	Vegetable Lo Mein Noodles
	Beef Patty	Wings: Sweet Chili, Plain, or Buffalo	Wings: Sweet Chili, Plain, or Buffalo	Beef Patty	Beef Patty
	Wings: Sweet Chili, Plain, or Buffalo			Wings: Sweet Chili, Plain, or Buffalo	Wings: Sweet Chili, Plain, or Buffalo
				Garlic Naan	