

# AMNH Food Court Lunch June 9th Thru June 13<sup>th</sup>

|       | MONDAY  | TUESDAY                               | WEDNESDAY                             | THURSDAY                                  | FRIDAY                                  |
|-------|---|---------------------------------------|---------------------------------------|---|---|
| Lunch | Adobo Braised Chicken with Gralic               | Herb Roasted Chicken                  | BBQ Chicken                           | Braised Chicken                           | Korean BBQ Chicken                      |
|       | BBQ Pulled Pork                                 | Mojo Pork Loin                        | Stewed Pork (Pernil)                  | Mojo Pork Loin                            | Stew Pork With Red Peppers              |
|       | Turkey Meatloaf                                 | Meatballs with Tomato Sauce           | Braised Spinach and Tofu              | Rosemary Roasted Turkey Breast with Gravy | Fish Of The Day                         |
|       | White Bean Vegetarian Stew                      | Vegetarian Stewed Beans               | Vegetarian Stewed Beans               | Curried Chickpeas and Tofu Stew           | Hoisin Glazed Aubergine with Green Peas |
|       | Roasted Vegetables                              | Roasted Squash and Peas               | Roasted Vegetables                    | Marsala Roasted Eggplants                 | Vegetable Stir Fry                      |
|       | Cauliflower Gratin                              | Mac & Cheese                          | Mac & Cheese                          | Steamed Vegetables                        | Boiled Corn On The Cob                  |
|       | Mac & Cheese                                    | Herb and Garlic Roasted Potato        | Herb and Garlic Roasted Potato        | Mac & Cheese                              | Mac & Cheese                            |
|       | Creamy Mashed Potato                            | Steamed Brown Rice                    | Rice and Garbanzo Beans               | Creamy Mashed Potato                      | Crispy Potato                           |
|       | Steamed White Rice                              | Baked Ziti                            | Tortellini with Tomato Sauce          | Basmati Rice with Green Peas              | Steamed Brown Rice                      |
|       | Pesto Pasta with Roasted Tomatoes and Chickpeas | Beef Patty                            | Beef Patty                            | Toasted Cous Cous with Vegetables & Herbs | Vegetable Lo Mein Noodles               |
|       | Beef Patty                                      | Wings: Sweet Chili, Plain, or Buffalo | Wings: Sweet Chili, Plain, or Buffalo | Beef Patty                                | Beef Patty                              |
|       | Wings: Sweet Chili, Plain, or Buffalo           |                                       |                                       | Wings: Sweet Chili, Plain, or Buffalo     | Wings: Sweet Chili, Plain, or Buffalo   |
|       |   |                                       |                                       | Garlic Naan                               |   |
|       |   |                                       |                                       |   |   |