

R/A

what's happening OCTOBER

MONTHLY Highlights



Happy Hispanic Heritage Month!

We're celebrating with authentic dishes every Wednesday on the Market Bar.

WEEK OF
September 28
-October 2



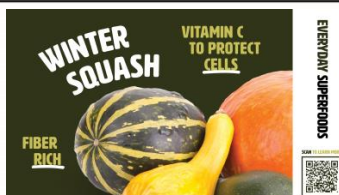
Thursday: Join us to celebrate **Oktoberfest** and **National Pretzel Month** with a German-style lunch and hot pretzels at the Market Bar.

WEEK OF
October 5-9



This Week: Enjoy vegetarian dishes at Rooted Chef's Table for **National Vegetarian Month**.
Thursday: Build-Your-Own Pasta Bar to celebrate **National Pasta Month**.

WEEK OF
October 12-16



Tuesday: Let the warmth of **spaghetti squash** get you in the Autumnal mood during lunch at Rooted.

WEEK OF
October 19-23



Wednesday: Celebrate **Apple Day** with apple pies at Food Studio.

WEEK OF
October 26-30



Friday: You're never too old to celebrate **Halloween** – Experience a Candy Themed Pop-Up at Food Studio.

SCAN TO LEARN MORE



THIS MONTH'S SUPERFOOD IS
WINTER SQUASH

**FIBER
RICH**

