

May 12th-16th 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast				
Blueberry Lemon Ricotta Pancakes	Roasted Vegetable and Cheddar Egg White Frittata's	Sausage Egg and Cheese Croissant with Pepperjack	Huevos Rancheros	Sliced Smoked Salmon with Chive and Caper Cream Cheese on an Everything Bagel
SALAD BAR + SOUP				
Salad Greens • Fresh Vegetable Crudités • Fruit • Beans • Grains • Proteins • Cheeses • Salad Dressings • Toppings Market Salads: Rotating Selection of Composed Salads • The best and freshest local produce available •				
Chicken and Dumpling Soup	Wild Mushroom Bisque	Moroccan Lentil Soup	Beef and Barley	Clam Chowder
Pesto Pasta Salad	Baby Beet and Goat Cheese Salad	Farro Greek Salad with Feta, Cucumber and Tomato	Snow Pea, Radish, Citrus Salad with Mint	Green Goddess Potato Salad
DELI				
SIGNATURE SANDWICHES. TOASTED TO ORDER.				
SPICY ITALIAN SUBS WITH HOMEMADE HOT PEPPER RELISH, LETTUCE TOMATO AND SHAVED ONION				
GRILLED VEGETABLE AND BURRATA SANDWICH WITH BASIL AND ARUGULA				
GLOBAL				
Southern Italy	Southwest	Korea	Springtime	Hawaii
Shrimp Scampi	Cilantro Lime Grilled Chicken	Gochujang and Sesame Glazed Chicken	Tarragon and Shallot Roasted Pork Loin with Pan Sauce	Huli Huli Grilled Shrimp
Spinach and Roasted Garlic Ravioli In an herb Butter Sauce	Crispy Yucca	Steamed Jasmine Rice	Garlic and Herb Green Beans	Toasted Coconut Steamed Rice
Grilled Balsamic Eggplant	Cumin Roasted Carrots	Ginger Roasted Broccoli	Steamed Citrus Farro	Teriyaki Glazed Baby Bok Choy
Shaved Parmesan, Roasted Garlic and Red Pepper Olive Oil, Garlic Bread, Kale Caesar Salad	Jalapeno Cheddar Corn Bread Corn and Black Bean Salsa, Lime Wedges, Cilantro	Kimchi, Sesame Seeds, Scallions, Lime Wedges, Soy Gochujang Dipping Sauce	Cranberry Rolls, Whipped Sweet Cream Butter, Baby Spinach Salad with Apple Cider Vinaigrette	Grilled Pineapple and Pepper Relish, Teriyaki Sauce, Cucumber Sesame Salad

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HEARTH & SALUMERIA

PIZZA

Garlic Knots • Chef's Selection of Pizza • Served by the Slice

Ranch BLT Pizza	Roasted Red Pepper and Pesto Pizza	Chicken and Mushroom Alfredo Pizza	Spicy Hawaiian Pizza	Chorizo, Potato and Scallion Pizza
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EXPLORE/ Chefs Table

<p>La Chino Kales Sesame Caesar, Pickled Red Onions, Lime Crema, Radish, Sweet Plantain, Bulgogi Street Corn</p> <p>Monday- General Tso Cauliflower or Chicken Torta Tuesday- Char Siu Braised Pork Taquitos Wednesday- Sticky Chipotle Sesame Chicken Wing</p>	<p>La Chino Kale Sesame Caesar, Plantain Kung Pao Chicken Tostada</p>	<p>La Chino Kale Sesame Caesar, Plantain Cilantro Chipotle Gingered Flank Steak</p>
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GRILL

Chalkboard Grill Menu

New Chalkboard Grill Menu****

at LA Frieda Classic Ground Beef Burger with American, Lettuce, Tomato and Shaved Red Onion on a Griddled Sesame Seed Bun

NEW** Grilled Herb Marinated Chicken with Cheddar Cheese, Pickles, Chipotle Mayo, Lettuce, Tomato

Veggie Burger: Falafel Burger with Pickled Onion, Herb Yogurt, Lettuce and Tomato

Garlic Roasted Broccoli	Herb and Shallot Green Beans	Garlic Grilled Asparagus	Herb Butter Baby Carrots	Sweet Potato Shoestring
<p>"New Bacon-ings Burger"</p> <p>Beef Burger, American Cheese, Bacon, Lettuce Tomato</p>	Grilled Kielbasa Subs with Cheese and Sautéed Onions	Loaded Steak and Cheese Subs	Chicken Tikka Burrito with Cucumber Yogurt and Spicy Cilantro Chutney	Classic Beef Patty Melt



Energized for Life

<p>Greek Salad Protein Bowl</p> <p>Little Leaf Lettuce, Feta, Cherry Tomatoes, Cucumber, Watermelon Radish, Marinated Olives, Minced Red Onion, Crunchy Sumac Chickpeas, Greek Vinaigrette</p> <p>Monday- Yogurt and Oregano Marinated Chicken Tuesday- Red Wine and Organo Marinated Shrimp</p>	<p>Global Grains</p> <p>Little Leaf Lettuce, Feta, Cherry Tomatoes, Cucumber, Watermelon Radish, Marinated Olives, Sumac Marinated Chickpeas, Greek Vinaigrette</p> <p>Fennel, Yogurt Garlic Roasted Pork Loin</p>	<p>Global Grains</p> <p>Little Leaf Lettuce, Feta, Cherry Tomatoes, Cucumber, Watermelon Radish, Marinated Olives, Sumac Marinated Chickpeas, Greek Vinaigrette</p> <p>Seared Citrus Cod</p>	<p>Spicy Poke Bowl</p> <p>Spicy Salmon Poke Bowl with Crunchy Seaweed Chips, Forbidden Black Rice, Cucumber, Edamame, Shredded Carrot</p>
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