## Weekly Grab & Go

## October 20th - October 26th



\*If you have an allergy, please notify us.\*

Grab and Go Entrée of the Week:

General Tsos Beef Vegetable Lo Mein, Steamed Broccoli 9.99

Allergens: Soy, Sesame, Wheat and Gluten

Grab and Go Entrée of the Week:

Apple Cider Glazed Turkey

Turkey Gravy, Mashed Potatoes, Buttered Green Beans 9.99

Allergens: Dairy

Vegetarian
Grab and Go Entrée
of the Week:

Southwest Tofu Bowl

Tofu, Corn, Sofrito Rice, Black Beans, Cilantro, Pico De Gallo 8.49

Allergens: Soy

Grab and Go Sandwich of the Week: Crispy BBQ Chicken Wrap 7.99

With Lettuce, Tomatoes and Caramelized Onions Allergens: Wheat, Gluten and Dairy

Ham and Manchego Cheese 8.49

With Apple Butter, Whole Grain Mustard and Arugula on a French Baguette

Allergens: Wheat, Gluten and Dairy

Grab and Go Vegetarian Soup of the Week:

16 oz Root Vegetable Ginger Bisque Carrots, Butternut Squash, Parsnips, Ginger, Vegetable Stock, Salt, Pepper, Onions, Cream and Milk

Allergens: Dairy

Grab and Go Side Salads of the Week:

Potato Egg Salad

Diced Potatoes, Eggs, Mayonnaise, Paprika, Celery, Vinegar, Salt and Pepper 2.99

Allergens: Egg and Soy

Grab and Go Soup of the Week:

16 oz Chicken Noodle

Chicken, Egg Noodles, Celery, Onions, Carrots, Chicken Stock, Salt and Pepper 2.99

Allergens: Egg, Gluten and Wheat

Grab and Go Side Salads of the Week:

**Shredded Kale Caesar** 

Caesar Dressing, Croutons, Shredded Kale and Parmesan Cheese 2.99

Allergens: Fish, Wheat, Gluten and Dairy