

# Weekly Grab & Go



September 1st – September 7th

\*If you have an allergy, please notify us.\*

<b>Herb Roasted Beef Strip Loin</b> Roasted Potatoes, Sautéed Spinach, Red Wine Demi, Roasted Red Peppers 9.99  Allergens:	<b>Grab and Go Entrée of the Week:</b> <b>Chicken Parmesan</b> Baked Pasta, Marinara, Mozzarella Cheese, Breadstick 9.99  Allergens: Wheat, Dairy, Egg, Soy and Gluten	<b>Wild Rice with Root Vegetable</b> Parsnips, Carrots, Butternut Squash, Red Onions, Brussel Sprouts, Maple Balsamic Vinaigrette, Goat Cheese 8.49  Allergens: Dairy
<b>Grab and Go Sandwich of the Week:</b> <b>Roast Beef Sandwich 7.99</b> Roast Beef, Horseradish Mayonnaise, Caramelized Onions, Arugula and Swiss Cheese on a Ciabatta Roll Allergens: Wheat, Gluten, Dairy, Egg and Soy  <b>Buffalo Chicken Wrap 7.99</b> Crispy Chicken, Shredded Carrots, Blue Cheese Dressing, Lettuce, Buffalo Sauce and Tomatoes Allergens: Wheat, Gluten and Dairy		
<b>Grab and Go Vegetarian Soup of the Week:</b>  <b>16 oz Cream of Mushroom Soup</b> Milk, Cream, Mushrooms, Garlic, Celery, Vegetable Stock 2.99  Allergens: Dairy	<b>Grab and Go Soup of the Week:</b>  <b>16 oz Chicken Noodle Soup</b> Chicken, Cream, Chicken Stock, Celery, Onions, Egg Noodles, Carrots, Herbs 2.99  Allergens: Egg, Wheat and Gluten	
<b>Grab and Go Side Salads of the Week:</b>  <b>Couscous Salad</b> Garlic, Tomato, Cucumber, Feta Cheese, Red Onions 2.99  Allergens: Dairy, Gluten and Wheat	<b>Grab and Go Side Salads of the Week:</b>  <b>Green Bean Salad</b> Green Beans, Garlic, Red Onion, Grape Tomatoes, Kalamata Olives, Feta, Salt, Pepper and Lemon Juice 2.99  Allergens: Dairy	