

WEEKLY SPECIALS: OCTOBER 26-30

THE
HUB

					MONDAY	TUESDAY	WEDNESDAY	THURSDAY
MARKET BAR	DELI	GRILL	AL FORNO	SOUP	MEATLESS MONDAY! Vegetarian Green Thai Curry - Spicy Green Thai Curry, Seitan Protein, Eggplant, Long Bean, Peppers V - Grilled Napa Cabbage with Lemongrass and Soy - Jasmine Rice V - Vegetable Spring Rolls V - Chopped Romaine, Shredded Carrot, Papaya, Basil, Mint, Peppers	Lager and Onion Braised Pork Chops - Celery Root Horseradish Mash V - Sautéed Kale, Squash, and Apple Medley V - Pretzel, Apple Butter, and Pepita Stuffing V - Baby Kale, Walnuts, Craisins, Blue Cheese Crumbles V	Hake Meunière - Brown Butter and Lemon Sauced Local Hake - Rice Pilaf with Herbs and Toasted Almonds V - Roasted Caulilini V - Sautéed Swiss Chard with Garlic and Oil V - Frisée, Arugula, Kalamata, Radish	Honey Mustard Roasted Whole Chickens - Creamy Mustard French Lentils V - Wild Rice Medley V - Roasted Broccolini with Olives and Red Onion V - Mixed Greens, Grapes, Pumpkin Seeds, Red Onion, Radish V
					Wrap: Classic Egg Salad, Crumbled Bacon, Red Watercress Vegetarian: Plant Based Chicken Cutlet, Black Bean Hummus, Shredded Cabbage, Cheddar, Chipotle Ranch Hero: Grilled Chicken Breast, Fresh Mozzarella, Pepperoni, Roasted Red Peppers, Sundried Tomato Pesto, Arugula			
					Blue Cheese Grilled Cheese Blue Cheese, Caramelized Onion, Roasted Apples, Cheddar, Country Bread	Hot Pastrami Griddled Pastrami, Swiss, Sauerkraut, Russian Dressing, Marble Rye	Lemongrass Grilled Mushroom Bánh Mi Marinated King Oyster Mushroom, Pickled Daikon and Carrot, Cucumber, Coriander, Sriracha Mayo	Loaded Vegetarian Nachos Corn Tortilla Chips, Vegetarian Chorizo, Pickled Jalapeño, Pico de Gallo, Cheese Sauce, Sour Cream
					Pizza Special: Ricotta, Basil Pesto, Roasted Vegetarian Meatballs, Provolone Calzone Special: Smashed Potato, Crumbled Bacon, Cheddar			
ROAST					New England Clam Chowder Tomato V	Broccoli Cheddar V Curried Lentil V	Chicken Fiesta Corn Cob Chowder V	Cream of Wild Mushroom V Chicken Noodle
					Grilled Creole Chicken Breast Choice of: - Cajun Spiced Rice, Brown Rice, or Mixed Greens. - Braised Collard Greens V - Spicy Tomato Black Eyed Peas V - Sautéed Hominy, Grape Tomato and Okra V - Roasted Mushroom and Sweet Potato V - Cajun Spiced Roasted Broccoli V - Cajun Ranch or Roasted Tomato Vinaigrette V	Nashville Hot Rubbed Turkey Breast Choice of: - Cajun Spiced Rice, Brown Rice, or Mixed Greens. - Braised Collard Greens V - Spicy Tomato Black Eyed Peas V - Sautéed Hominy, Grape Tomato and Okra V - Roasted Mushroom and Sweet Potato V - Cajun Spiced Roasted Broccoli V - Cajun Ranch or Roasted Tomato Vinaigrette V	Carolina BBQ Rubbed Spareribs Choice of: - Cajun Spiced Rice, Brown Rice, or Mixed Greens. - Braised Collard Greens V - Spicy Tomato Black Eyed Peas V - Sautéed Hominy, Grape Tomato and Okra V - Roasted Mushroom and Sweet Potato V - Cajun Spiced Roasted Broccoli V - Cajun Ranch or Roasted Tomato Vinaigrette V	Roasted Catfish Choice of: - Cajun Spiced Rice, Brown Rice, or Mixed Greens. - Braised Collard Greens - Spicy Tomato Black Eyed Peas V - Sautéed Hominy, Grape Tomato and Okra V - Roasted Mushroom and Sweet Potato V - Cajun Spiced Roasted Broccoli V - Cajun Ranch or Roasted Tomato Vinaigrette V