

RECIPES FROM three eighty ate

ALMOND BLISS SMOOTHIE

4 fl oz Unsweetened Almond Milk
6 fl oz Coconut Water
1 tbsp Almond Butter, Creamy
1 each Banana
2 tsp Cacao Nibs
1 tbsp Honey

Measure liquid into a blender. Add remaining ingredients. Blend until smooth.

Portion: 16 oz Smoothie

Nutrition: 340 calories, 13g fat, 54g carbs, 6g protein, 120mg sodium

Yield: 1 serving