

URBAN MRKT

November 18th – 22nd

Dining Hours

Breakfast - 7:00a.m.-10:00a.m.

Lunch - 11:00 a.m. -2:00 p.m.

Grab & Go Available All-Day Monday 7am-Friday 2pm

Restaurant Associates

HOSPITALITY EXCELLENCE
PREMIER CLIENTS

BREAKFAST MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SALAD BAR	Fresh Cut Fruit, Low Fat Yogurt, Granola, Selection of Bagels, Muffins, Danish				
MADE TO ORDER OMELETS	Create Your Own Omelet & Hashbrown Skillet				
CHALKBOARD GRILL	Buttermilk Pancakes Made to Order Breakfast Sandwiches Eggs (any style) Sides : Hash Browns, Bacon, Sausage Patties & Links				
KITCHEN TABLE	Hot Breakfast Bar Scrambled Eggs, Potatoes, Daily Special (Below), Vegetable, Pork Sausage				
	Sweet Potato and Turkey Hash	Caramel Bread Pudding	Biscuits and Gravy	Pumpkin Pie Baked Oatmeal	Chorizo and Eggs
LADLE	Classic Oatmeal Carrot Cranberry Oats Grits	Classic Oatmeal Pumpkin Maple Oats Grits	Classic Oatmeal Salted Caramel Oats Grits	Classic Oatmeal Apple Pie Grits	Classic Oatmeal Banana Peanut Butter Oats Grits
GRAB & GO	Assortment of Ready-to-Eat Breakfast Sandwiches & Warm Breakfast Pastries				

LUNCH MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ROASTED	CLOSED FOR THE SEASON – STAY TUNED FOR WHAT COMES NEXT!				
BAKED POTATO	CLOSED FOR THE SEASON – STAY TUNED FOR WHAT COMES NEXT!				
CHALKBOARD GRILL & SMASHBURGER	Smash Burgers, Grilled Chicken Sandwich, House-Made Veggie Burger, Chicken Tenders, JPMC Crispy Chicken Sandwich Sides : Fries, Onion Rings, Sweet Potato Fries, Carrots & Celery				
KITCHEN TABLE	<u>Flexitarian</u>	<u>Bourbon Street</u>	<u>Pilsen</u>	<u>Seasonal Stuffings</u>	<u>Thai</u>
	Balsamic-Parmesan Roasted Chickpeas & Vegetable (VT)	Butter Rice (VT)	Roasted Potato-Poblano Gratinado (VT)	Italian Sausage & Roasted Red Peppers	Vegetarian Pad Thai (VT)
	White Barley Pilar (V)	Maque Choux	Cilantro Lime Rice (V)	Spinach & Mushroom (VT)	Basmati Rice (V)
	Zucchini & Squash (V)	Cajun Roasted Vegetables (V)	Street Corn (VT)	Chicken Pot Pie	Spicy Snap Peas & Peppers (V)
	Grilled Tofu (V)	Shrimp & Chicken Gumbo	Chipotle Chicken	Ham & Fontina Croissant	Red Curry Tofu (V)
				Turkey Gravy	Coconut Yello Curry Chicken
LADLE	Lentil and Sausage Garden Vegetable Turkey Chili	Tomato Basil Bisque Cream of Chicken & Rice Beef Chili	Potato Leek Cream of Potato & Ham Chicken Chili	Chicken Noodle Curried Lentil & Rice Pork Chili	Cream of Broccoli & Chicken Chicken Lemon Orzo Vegetable Chicken
DELI	Made to Order Sandwiches Sides : House Chips, Coleslaw, Potato Salad, Pasta Salad, Carrots & Celery				
AL FORNO	Hand Tossed Pizza, Calzones, Lasagna, and Side Salads				
LA COCINA	Burritos, Bowls, Salads and Tacos				
STIR FRY	Mixed Vegetables, Choice of Rice or Noodle Base, Choice of Protein, Add a Sauce				
THE COUNTER	The Urban: Roast Turkey, Swiss, Bacon, Thousand Island, Coleslaw, Multigrain The Tuscan: Grilled Chicken, Provolone, Roasted Red Pepper, Spinach, Pesto Mayo, Ciabatta The Pilsen: Chicken Cutlet, Cheddar, Pepper Jack, Salsa Verde, Chipotle Mayo, Wheat Wrap The Tuna Melt: Tuna Salad, Red Onion, Tomato, Cheddar Cheese, May, Pumpernickel The Reuben: Corned Beef, Sauerkraut, Swiss, Russian Dressing, Marble Rye The Southwest Wrap (VT): Black Bean Spread, Charred Corn, Pico de Gallo, Pepperjack Cheese, Mixed Greens, Bell Peppers, Wrap Carved Sandwich Special: Glazed Ham, Gardinera, Provolone Cheese, Sundried Tomato Tapenade, French Bun				
BARBANZO	Build-Your-Own Mediterranean Bowls with Choice of Grains, Proteins, and Toppings				
SALAD BAR	An Array of Fresh Seasonal Vegetables with Toppings and Dressings				